

Get Inspired Challenge

Think of someone you find inspirational. It could be someone who has achieved big things in science, sport or politics. Maybe it's someone who runs a business or charity, big or small. It could be someone famous, or someone you know, like a teacher, family member or neighbour.

Now you've chosen your inspirational person, use this worksheet to write a bit about them.

<p>Who is your inspirational person?</p>	
<p>Do some research about their life, their background and their achievements. What are the 3 most fascinating facts you learned?</p>	<p>1.</p> <p>2.</p> <p>3.</p>
<p>What inspires you about this person?</p> <p>Maybe it's about the way they act, something they achieved or the job they did.</p>	
<p>Write down a goal you have for the future.</p> <p>It could be big or small, short term or long term.</p>	
<p>Write down two simple steps you can take now towards your goal.</p> <p>Hint: It's a good idea to write small, manageable steps. E.g. if your goal is to become a scientist, step 1' might be 'Do some research about different science careers. Step 2 might be 'Make a list of the careers that sound most interesting to me'.</p>	<p>Step 1:</p> <p>Step 2:</p>

Now get creative...

Write a letter to your inspirational person about why they inspire you and what you aspire to do in the future. Handy hint: use your answers from page 1 to help.



1 credit



Collecting your credit

1. Complete this activity sheet
2. Keep your completed sheet safe or take a picture, your teacher might ask to see it.
3. Log onto [cus-aspire.com](https://www.cus-aspire.com),

search for 'Get Inspired