HOLIDAY HEROES



INSPIRED BY NATURE

1: BEE GROOVY

Bees share information on

finding nectar using complex

waggle dances. Bee (!)

inspired and communicate

directions to a place without

using words or sounds.

Hint: Certain dance moves might

have certain meanings. E.g. 3 waggles

to the left = 3 steps left.

Welcome to Holiday Heroes! This week is all about weird & wonderful nature!

How many activities can you complete?

2: NATTY NEST

Nesting birds are some of nature's most impressive architects. Be a resourceful Robin and build a temporary nest from things you can find in your home or nearby outdoors.

Hint: Which materials will keep you safe from the elements?

3: SNACK TWIST

Create a yummy snack or meal in the shape of something it isn't. How about a sandwich in the shape of a fruit or a veggie dish that looks like a fish?

You'll need: a tasty snack base. Get inspired online or with cookbooks.

4: ANT PANTS

Ants are some of nature's hardest workers! Can you design some snazzy pants for a worker ant to help them work faster, protect them from danger or carry more food?

> You'll need: Pencil and paper, imagination!

Collect your credits!

Claim 1 credit for each activity you do. Log the activity on Aspire to unlock your credit!

www.cus-aspire.com (You can only log each activity once.)

5: SHARK SKILLS

Sharks must keep moving to stop harmful chemicals building up in their bodies. Create a 5minute movement routine to keep you moving in the water or on land.

HINT: Sharks conserve energy by moving very slowly until they sense food or danger.

FIND MORE FREE ACTIVITIES AT: www.childrensuniversity.scot

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